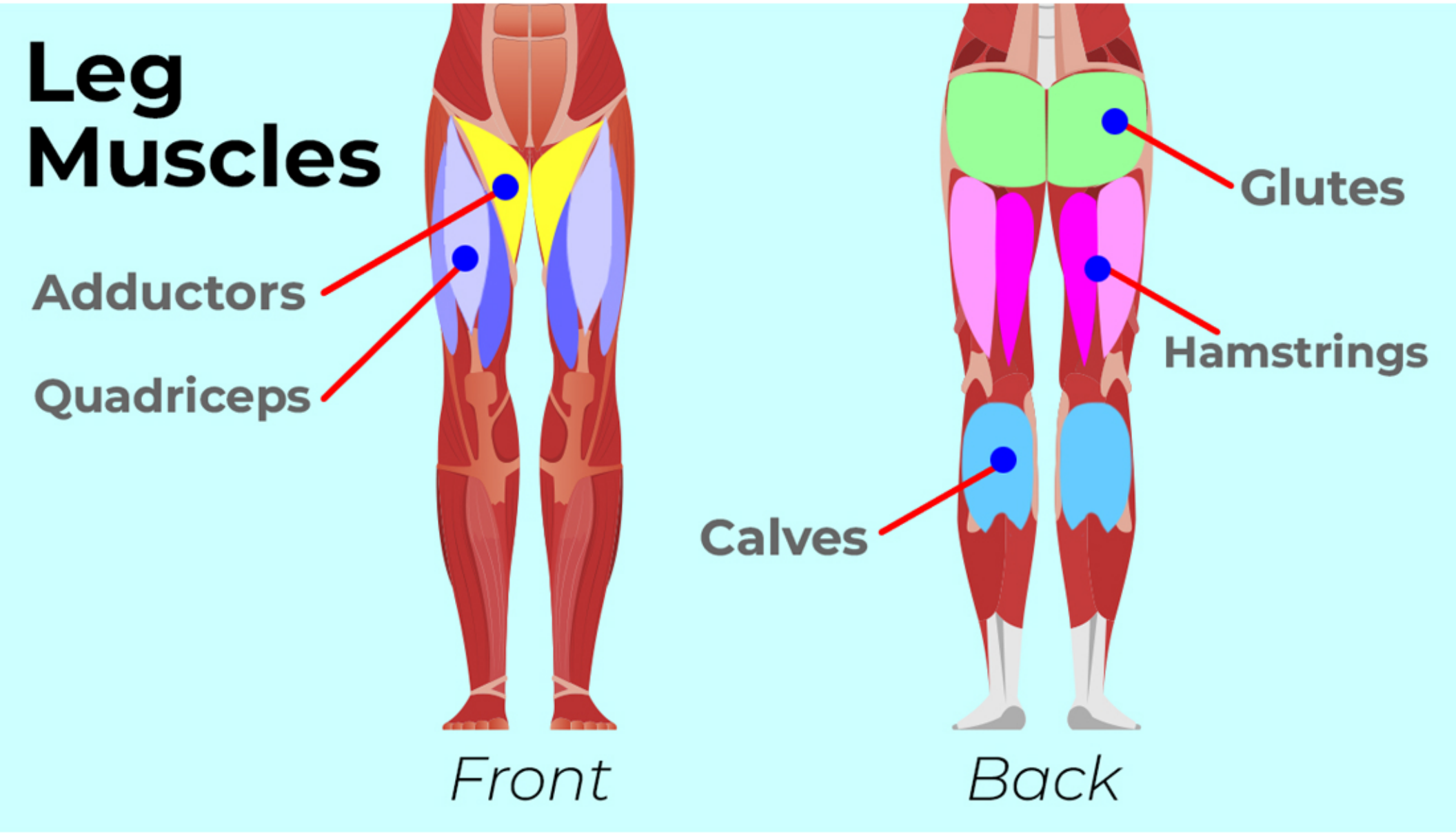
Leg Muscles


Adductors
Quadriceps
Front
Glutes
Hamstrings
Calves
Back