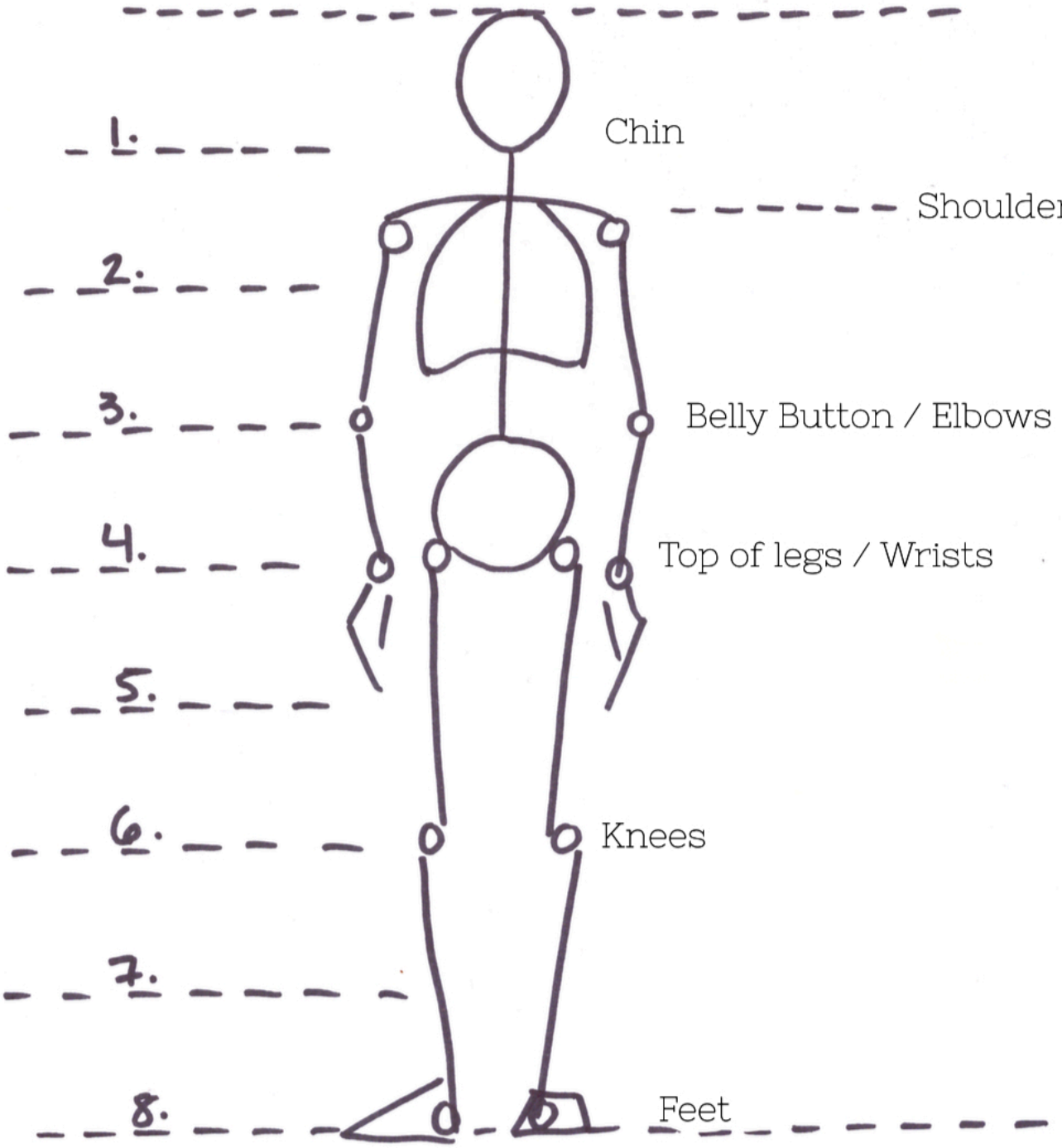

1.
Chin
Shoulder
2.
3.
Belly Button / Elbows
4.
Top of legs / Wrists
5.
6.
Knees
7.
8.
Feet